

# Meals at Home



## Our Mission

Meals at Home fosters health and contributes to individual well-being and independence by delivering nutritious meals and medically prescribed diets and by providing other supportive services to the homebound, elderly, disabled, and persons temporarily unable to care for their nutritional needs.

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## Staff

Debi Genthe, *Executive Director*  
 Ana Tolentino, *Program Coordinator*  
 Heather Harker, MSW, *Coordinator of Volunteers*  
 Rita Weinberg, *Bookkeeper*

## Meals at Home

1123 Emerson, Suite 213 • Evanston, IL 60201  
 847-332-2678 • www.mealsathome.org

## Executive Director's Annual Report

Meals at Home continues to grow! We have many people to thank for their wonderful support.

The 2014-2015 fiscal year brought great collaboration for many of our friends:

- Highland Garden Club donated plants for clients. Many clients called the office to express their joy for the wonderful surprise with their delivery.
- Daisy Scouts and McKenzie Grade School in Wilmette made placemats for very special Valentine's Day deliveries. This always warms our clients' hearts.
- A healthy eating event was held with Services for Adults Staying in their Homes (SASI) at Winnetka Library. SASI is a community nonprofit dedicated to helping older adults safely remain in their own homes by providing professional non-medical in-home care.
- Approximately 41 Thanksgiving meals were given to our clients by St. Mary's Church.
- Books were given to our clients during delivery routes, courtesy of the Evanston Public Library.
- We continue to deliver meals from Curt's Café, which has been a wonderful place for teens to learn important job skills. We pick up from Curt's new location on Dempster Street and Dodge Avenue in addition to the original cafe on Central Street.
- We continue to participate in North Shore Senior Center's Advisory Council.
- The Kindness Connection made placemats for some of our clients.

We were able to make enhancements to our meal delivery program including:

- We bought a cell phone for volunteers who do not own a cell phone. The volunteer simply picks the phone up from the office prior to their route and returns the phone when the route is complete.
- We also purchased a cell phone as an after-hours emergency number (held by the Program Coordinator for use during Saturday deliveries).
- Holiday and Spring plants were delivered to clients as a gift from Meals at Home.



*Debi Genthe*

- An additional Saturday route originating from Evanston Hospital began in June due to an increase in Saturday clients.
- An additional Saturday route originating from Presence Saint Francis Hospital began in July due to the increase in Saturday clients. This was possible because of our wonderful volunteers who took on additional routes!

And we also made some administrative changes to increase our efficiency and capacity:

- We hired an additional staff person, Ana Tolentino, as Program Coordinator.
- We set up credit card processing for monthly donations and client payments.
- Our office space was doubled by expanding into a neighboring space. A donation of a desk and file cabinets were a terrific help as well.
- Our website was updated and converted to a new easy-to-use format, allowing for more frequent changes.
- Volunteer background checks are now in place and simply need to be updated annually.
- Volunteer recruitment postings have been updated and expanded with new websites in an effort to grow our volunteer pool to keep up with our growth.

It's an exciting time to be a part of Meals at Home. Clients show their gratitude daily and our volunteers continue to inspire! While the incredible need for services seems overwhelming at times, much has been accomplished. This community takes care of its neighbors in a wonderful way every day. Thank you for the part that you play!

Take Care!

**Debi Genthe**  
*Executive Director*

# Meals at Home Thanks Our Generous Individual Donors, 2014-2015

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If you would like more information about MEALS at HOME, please contact us at

847-332-2678 • 1123 Emerson, Suite 213 • Evanston, IL 60201

Donations to MEALS at HOME can be made on our Web site at [www.mealsathome.org](http://www.mealsathome.org)

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**Meals at Home**

**Statement of Revenue and Expenses  
12 Months Ended June 30, 2015**

**Revenue:**

Meal Receipts .....	\$ 92,918
Foundation Donations .....	50,900
Individual Donations .....	46,758
Benefit Income .....	21,677
Organization Donations .....	18,733
Corporations .....	20,983
Government Grants .....	25,999
<b>Total Revenue .....</b>	<b>\$277,968</b>

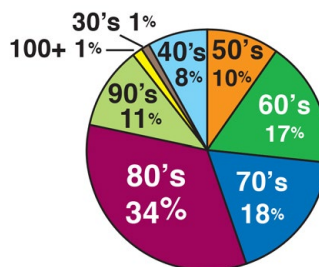
**Operating Expenses:**

Salaries, Payroll Taxes .....	\$113,512
Accounting .....	7,000
Consulting .....	5,463
Client Relations .....	2,787
Dues & Fees .....	3,639
Fund Raising .....	9,805
Insurance .....	3,140
Meal Costs .....	81,006
Office Expenses .....	6,027
Rent .....	24,754
Publicity .....	9,315
Technology .....	4,654
Telephone .....	5,480
Volunteer Relations .....	3,382
Miscellaneous .....	621
<b>Total Operating Expenses .....</b>	<b>\$280,584</b>

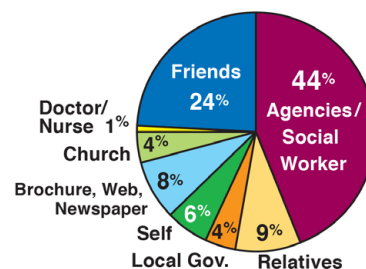
**Program Profile for 2014-15**

Number of deliveries: .....16,786  
 Number of meals delivered: .....32,070

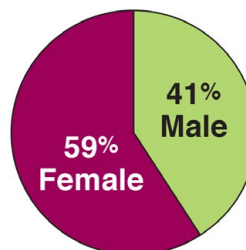
**Age of Clients**



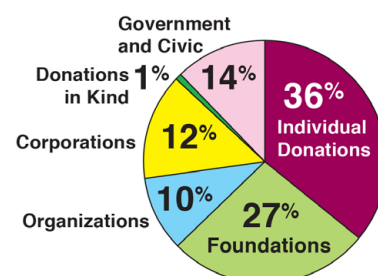
**Referral Sources**



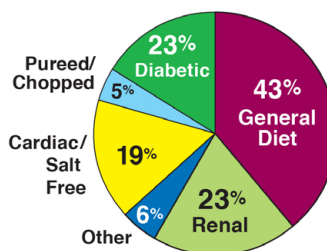
**Client Gender**



**Contribution Sources**



**Client Diet\***



\*Clients may require more than one set of dietary restrictions

**Special Thanks to the Following:**

**Individuals:** Please see list of donor names.

**Foundations:** Stanton R Cook Foundation; George M. Eisenberg Foundation for Charities; Evanston Community Foundation; Fitzsimmonds Family Trust; Rose Houston Charitable Foundation; Kenilworth United Fund; Kirkland & Ellis Foundation; Lange Burk Fund; Phoebe & John Lewis Foundation; Louise H. Landau Foundation; Robert R McCormick Foundation; Daniel F and Ada L Rice Foundation; Roundy's Foundation; Dr. Scholl Foundation

**Civic:** City of Evanston Mental Health Board; City of Evanston CDBG; New Trier Township

**Organizations:** Christ Church; Church of the Holy Comforter; First Congregational Church; First United Methodist Church of Evanston; Northridge Women's Club; Meals on Wheels America Subaru Share the Love Campaign; Trinity Lutheran Church of Evanston; Wilmette Harbor Rotary Club Foundation; Wilmette Rotary Club Foundation; Winnetka Congregational Church; Woman's Club of Wilmette

**Corporations:** Allegra Print & Imaging; Allstate The Giving Campaign; John J. Cahill, Inc.; GE Matching Gifts; Grainger Matching Gifts; Hartline Investment Corp; Kraft Foods Foundation; Northern Trust Bank; Satellite Healthcare; S. Wolf & Associates Inc.

**Organizations and Churches that Provided Meals at Home Volunteers for 2014-15**

- |   |  |
|---|--|
| Christ Church Winnetka                                  | Saints Faith Hope & Charity Catholic Church Winnetka |
| First United Methodist Church of Evanston               | Saint Joan of Arc                                    |
| First Congregational Church of Evanston                 | Saint Joseph's Church Wilmette                       |
| First Presbyterian Church of Evanston                   | Trinity United Methodist                             |
| Kappa Alpha Theta (Chicago North Shore Alumnae Chapter) | Winnetka Congregational                              |
|   | Woman's Club of Evanston                             |